

Books Related to Anger and Forgiveness Topic:

1. *Difficult Conversations: How to Discuss What Matters Most*, Stone, D., Patton, B. & Hee, S.

Practical guidelines on how to initiate difficult conversations:

2. *Adolescent Anger Management*, Eva Feindler.

Evidence-based approach to working with children and adolescents with anger management problems.

Forgiveness:

Enright, R. *8 Keys to forgiveness*, evidence-based approach to forgiveness by psychologist who has developed systematic approaches to nourishing forgiveness.

Pelcovitz, D. and Pelcovitz, R. *Life in the Balance, Torah Perspectives on Positive Psychology* – chapter on forgiveness summarizes much of what was covered in this lecture.

What Happens When Your Child is Not You

1. *The Strength Switch*, Lea Waters, Recent research on how to help your child discover his or her unique, signature strengths.
2. *Families and Faith, How Religion is Passed Down Across Generations*, Bengsten, V. , four generation study on correlates of effective transmission of religious values across four generations.
3. Kahneman, D. *Think Fast, Think Slow*, Nobel laureate Kahneman gives insight into subtle ways we communicate with others.

Bridging the Gap Lecture: Instilling Values

1. *Blind Spots*: Bazerman , M. and Tenbrunsel A.

Ethical fading and Instilling values from the perspectives of neuroscience.

2. *Giving Voice to Values, How to Speak your Mind When You Know What's Right* – guide to instilling values in discussions about ethics.
3. Oliner, S. *Do unto others: Extraordinary acts of ordinary people-*

Dr. Oliner's research on the parenting practices of righteous gentiles.

Divorce

The Truth about Children and Divorce, Robert Emery

Excellent and practical description about how to facilitate healthy co-parenting of children of divorce.

Pedro-Caroll, *Putting Children First-* research-based strategies on how to help build resilience in children of divorce.